

	Monday	Tuesday	Wednesday	Thursday	Friday
Starter	Chickpeas & Corn Salad	Pumpkin Soup	Greek Salad With Feta	Potato Leek Soup	Mushroom Quiche
Sandwich	Roasted Chicken Wrap	Banh Mi Sandwich (Vietnamese)		Classical Club Sandwich (Chicken Ham)	Croque-Monsieur
Western	Lamb Stew à la Provençale	Baked Fish with Lemon Cream Sauce	Baked Chicken with Mustard Cream Sauce	Beef Bolognese	Baked Cajun Chicken With Spinach Cream
	Zucchini, Olives & Tomatoes	Sautéed Green Beans & Sliced Olives	Steamed Cauliflower	Grilled Zucchini & Eggplant	Steamed Green Bean & Carrots
	Penne	Pomme De Terre Genaille	Parmesan Mashed Potato	Spaghetti	Parsley Boiled Potato
Asian	Chicken Curry	Glazed Korean Chicken		Honey Roasted Chicken	Kam Heong Fish
	Jelatah Timun & Nanas	Carrots, Bean Sprouts & Garlic Chives		Ipoh Bean Sprout	Stir Fried Bok Choy
	Biryani Rice	Korean Fried Rice		Chicken Rice	Jasmine Rice
Vegetarian	Chick Peas with Tofu Curry Masala	Stir Fry Vegetarian Mock Meat With Tempeh Sambal	Bean Curd & Chickpea Curry	Mapo Tofu	Stir Fry Ginger Tofu, Vegetarian Chicken Mock Meat
Dairy	Plain Yoghurt	Camembert	Edam	Plain Yogurt	Gouda
Fruit & Dessert	Watermelon	Chocolate Brownies	Red Apples	Dragon Fruits	Rock Melon

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	Monday	Tuesday	Wednesday	Thursday	Friday
Starter	Pistou Soup	Soupe à l'Oignon (Onion Soup)	Fattoush Salad	Potato Salad	Miso Soup
Sandwich	Chicken Panini	Hero Baguette		Cajun Chicken Sandwich	Chicken Parmagiana Sandwich
Western	Peri - Peri Chicken	Coriander & Lime Fish	Moroccan Chicken	Parisian Beef Stew	Fish Tacos
	Grilled Aubergine & Green Capsicum	Steamed Broccoli	Roasted Eggplant & Pumpkin	Roasted Zucchini & Cherry Tomato	Roasted w. Lime & Coriander
	Persian Jewel Rice	Potato Wedges	Pita Bread	Penne	Flour Tortilla & White Rice
Asian	Salted Egg Fish	Chinese Lemon Chicken		Cantonese Steamed Fish	Chicken Katsu
	Stir Fried Bok Choy with Carrot	Sauteed Cabbage & Green Onions		Stir Fried Kailan w. Oyster Sauce	Japanese Vegetable Curry
	Jasmine Rice	Steamed Rice		Steamed Rice	Japanese Rice
Vegetarian	Buttermilk Soy Protein	Javanese Tofu & Tempeh Sambal	Chickpeas & Tofu Moroccan Stew	Sweet & Sour Vegetarian Mock Meat And Tofu	Chickpeas & Tofu Tomato Stew
Dairy	Fruits Yogurt	Cream Cheese	Brie	Plain Yogurt	Edam
Fruit & Dessert	Sun Melon	Sweet Potato Poridge	Watermelon	Dragon Fruits	Parisan Flan

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Starter	Lentil Chickpeas Salad	Tomato Soup	Chef Salad	Shredded Chicken Soup	Pumpkin Salad
Sandwich	Chikken Tikka Wrap	BLT		Falafel & Tzatziki Pita Bread	Panni with Curry Chicken & Pineapple
Western	Chicken Lasagna	Filet de Fish Mornay	Creamy Chicken Stew	Barbecue Chicken with Sauce	Beef Stew
	Cauliflower / Chou-fleur a l'Anglaise	Carottes Vichy	Buttered Green Beans & Cherry Tomatoes	Roasted Corn on the Cob	Grilled Zucchini & Eggplant
	Garden Salad	Baked Potato/ Pomme au Four	Rigatoni Pasta	Mashed Potatoes	Penne
Asian	Fish Tandoori	Bulgogi Chicken		Pandan Chicken	Mango Thai Chicken
	Fried Turmeric Cabbage	Sautéed Spinach		Sambal Tumis & Cucumber	Stir-fried Kailan
	Jasmine Rice	Korean Fried Rice		Nasi Lemak	Pineapple Fried Rice
Vegetarian	Tofu & Eggplant Curry	Koren BBQ Tofu & Tempeh	Tofu & Mushroom Pie	Tofu & Mushroom Stew	Tofu Beans Stew
Dairy	Plain Yogurt	Fruit Yoghurt	Brie	Plain Yogurt	Plain Yogurt
Fruit & Dessert	Orange Wedges	Bread Butter Pudding	Banana	Honey Dew	Orange Cake

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Starter	Clear Chicken Soup	Roasted Vegetable & Pasta Salad	Ceaser Salad	Malay Chicken Soup	Mushroom Soup
Sandwich	Sloppy Joe	Pesto chicken Wrap		Harissa Chicken Sanwich	Mushroom & Chicken Sub
Western	Boeuf Bourguignon	Fish Puttanesca	Chicken Tarragon Cream Sauce	Morrocan Lamb Stew	Chicken Lasagna
	Sauted Broccoli & Cherry Tomato	Garlic French Beans	Carrot Vincy	Roasted Delicata Pumkin	Roasted Cauliflower & Zucchini
	Mashed Potato	Roasted Sweet Potato	Penne Aglio Olio	Pita Bread	Garden Salad
Asian	Chicken Rendang	Chicken Katsu		Buttermilk Crispy Fish	Crispy Cereal Fish
	Pickled Cucumber & Pineapple	Japanese Vegetable Curry		Garlic Oyster Kai Lan	Sauteed Spinach
	Pandan Rice	Japanese Rice		Fried Noodle	Jasmine Rice
Vegetarian	Soy Braised Tofu	Chickpeas & Tofu Stew	Malay Tofu & Potato Cutlet	Stir Fried Vegetarian Mock Meat And Tofu & Spring Onion	Stir Fried Mushroom With Tofu
Dairy	Fruit Yogurt	Edam	Plain Yogurt	Brie	Fruit Yogurt
Fruit & Dessert	Watermelon	Raisin & Cranberries Clafoutis	Ananas fraîche	Sun Melon	Gâteau à la carotte

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