

	Monday	Tuesday	Wednesday	Thursday	Friday
Starter	Pumpkin Soup	Salad De Pommes De Terre (Potatoes Salad)	Potato Leek Soup	Salade Niçoise	Mushroom Quiche
Sandwich	Banh Mi	Club Sandwich		Tuna Croissant	Corny Dog
Western	Baked Fish with Lemon Cream Sauce	Lamb stew à la Provençale (Provençale Lamb Stew)	Poulet Rot de Jus (Roasted Chicken & Jus)	Coq au Vin (Alcohol Free) (French Chicken Stew)	Chicken Bolognese
	Grilled Aubergine & Green Capsicum	Green Beans, Olives & Tomatoes	Chuo a l'Anglaise (Buttered Cabbage)	Grilled Zucchini	Steamed Broccoli
	Pomme De Terre Grenaille (Roasted Baby Potatoes)	Plain Penne	Pilaf rice	Pomme Dauphinoise (Gratin Potatoes)	Spaghetti
Asian	Stir Fried Vietnam Chicken	Madras Chicken Curry		Hainanese Style Steamed Chicken	Sweet & Spicy Sambal Chicken (Ayam Masak Merah)
	Oyster Garlic Broccoli	Lentils, Potato & Carrots		Tomato & Cucumber with Soy Sauce	Pickled Pineapple & Cucumber
	White Rice	Biryani Rice		Hainanese Style Rice	Jasmine Rice
Vegetarian	Potato & Chickpeas Curry	Dhall & Tofu Curry Masala	Potato, Carrot, Tofu & Green Peas Stew	Braised Beancurd and Mushroom Chinese Style	Kam Heong Soft Tofu
Dairy	Camembert	Gouda	Plain Yoghurt	Fruit Yoghurt	Cream Cheese
Fruit & Dessert	Fresh Pineapple	Parisian Flan	Watermelon	Creme au Caramel	Banana

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	Monday	Tuesday	Wednesday	Thursday	Friday
Starter	Soup au Champignons (French Mushroom Soup)	Barley & Roasted Vegetable Salad	Farandole of Raw Vegetables with Ranch Dressing	Soupe à l'Oignon (Onion Soup)	Carrot & Chickpea Salad
Sandwich	BMT Sub	Meatball Sub		Chicken Wrap	Chicken Pita
Western	Chicken Cacciatore	Fish Goujons With Tartar Sauce	Cajun Chicken	Spanish Meatball	Moroccan Chicken
	Garlic French Beans	Broccoli au Gratin	Sauteed Zucchini	Roasted Cauliflower & Carrot	Sweet Roasted Pumpkin & Carrots
	Fusili	Fries	Creole Rice	Spaghetti	Pita Bread
Asian	Fish Teriyaki	Steamed Fish, Soy Sauce & Ginger		Sweet & Sour Chicken	Kung Pao Fish Fillet
	Miso Glazed Aubergine	Asam Boi, Long Cabbage		Stir Fried Kai Lan	Stir Fried Pak Choy with Carrot
	Japanese Rice	Jasmine Rice		Chinese Fried Rice	White Rice
Vegetarian	Tofu Teriyaki	Stir-fried Tempeh with Beanpaste	Sauteed Broccoli & Tofu	Cauliflower Lentil Pie	Mapo Soft Tofu
Dairy	Edam	Brie	Plain Yoghurt	Mixed Berry Yoghurt	Emmenthal
Fruit & Dessert	Sun Melon	Chocolate Brownies	Red Apples	Carrot Cake with Frosting	Orange Wedges

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Starter	Green Salad	Miso Soup	Chefs Salad	Bouillabaisse (Seafood Stew)	Cheese Quiche
Sandwich	Hero Baguette	Katsu Chicken Sub		Korean Chicken Glazed Sub	Ground Beef Philly Cheese Steak Sub
Western	Chicken Fricassee with Parisian Sauce	Chicken Ham Cabonara	Chicken Cordon Bleu	Mediterranean Baked Fish	Beef Lasagna
	Aubergine Frite	Ratatouille	Sauteed Green Beans in Garlic Butter	Carottes Vichy	Steam Broccoli
	Boil Potato/ Pommes a la Anglaise	Penne	Roasted Potatoes/ Pommes de Terre Rôties	Herb Pilaf	Garden Salad
Asian	Asaam Nyonya Fish	Chicken Katsu		Korean Fried Chicken	Indian Butter Chicken
	Wok Seared Lady Fingers	Japanese Vegetable Curry		Oyster Garlic Spinach	Fried Tumeric Cabbage
	Jasmine Rice	Japanese Rice		Korean Fried Rice	White Rice
Vegetarian	Egg & Tofu Nyoya Curry	Mix Beans Bolognese Pasta	Channa Masala (Indian Chickpeas Curry)	Korean BBQ Tempeh	Vegetarian Lasagna
Dairy	Cream Cheese	Edam	Plain Yoghurt	Fruit Yoghurt	Gouda
Fruit & Dessert	Honeydew Melon	French Lemon Tart	Dragon Fruit	Coconut Cake	Josephine Ananas

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Starter	Cucumber Salad	Creamy Chicken Soup	Chickpeas, Orange & Beetroot Salad With Hummus	Cheese and Tomato Salad	Pistou Soup
Sandwich	BBQ Chicken Sub	Croque Monsieur		Ground Beef Pita Pocket	Tandoori Panini
Western	Barbecue Chicken with Sauce	Chicken Burger	Ham & Cheese Pizza	Moroccan Beef	Baked Fish with Tomato Salsa
	Roasted Corn on the Cob	Lettuce, Tomato Cucumber	Onion & Capsicum	Steam Pumpkin	Carottes au Beurre (Buttered Carrots)
	Mashed Potatoes	Pommes Frites	Green Salad	Pita Bread	Shell Pasta
Asian	Crispy Fried Chicken	Malaysian Chicken Rendang		Chinese BBQ Chicken	Chicken Tandoori
	Cucumber & Fried Anchovis	Wok fried Garlic Long Bean		Soy Beans Sprout	Potato & Yellow Lentils
	Nasi Lemak	Pandan Puloa Rice		Chicken Rice	Kashmiri Bryani Rice
Vegetarian	Ginger & Steamed Egg with Tofu Soy Sauce	Falafel Burger	Grill Vegetable Pizza	Chickpeas, Lentils & Black Beans Moroccan Stew	Potato , Dhall & Eggplant
Dairy	Brie	Plain Yoghurt	Cream Cheese	Strawberry Yoghurt	Edam
Fruit & Dessert	Watermelon	Orange Cake	Banana	Far Breton	Sun Melon

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Starter	Roasted Tomato Capsicum Soup				
Sandwich	Pesto Chicken Sub				
Western	Chicken Rague with Parmesan				
	Baked Zucchini				
	Penne Pasta				
Asian	Thai Mango Fish				
	Sauted Long Cabbage with Carrot				
	Steamed Rice				
Vegetarian	Vegetarian Bolognese				
Dairy	Gouda				
Fruit & Dessert	Watermelon				

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